



CONTACT US

Address: Suite 1, 97- 101
Victoria St, Smithfield NSW

Call: 1800 020 042

Email: info@sibellacare.org

Website: sibellacare.org

Scan to refer



PROGRAMS WE OFFER INCLUDE:

- Life Skills education
- Cooking Classes
- Music
- Book Club
- Arts
- Gaming
- Esports

SIBELLA CARE

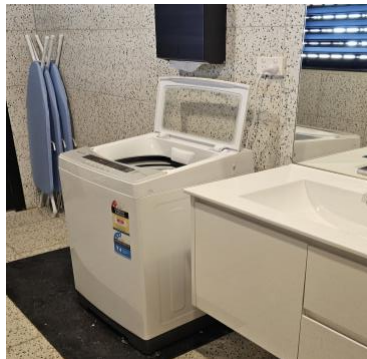
Discover our
day programs





LIFE SKILLS ROOM

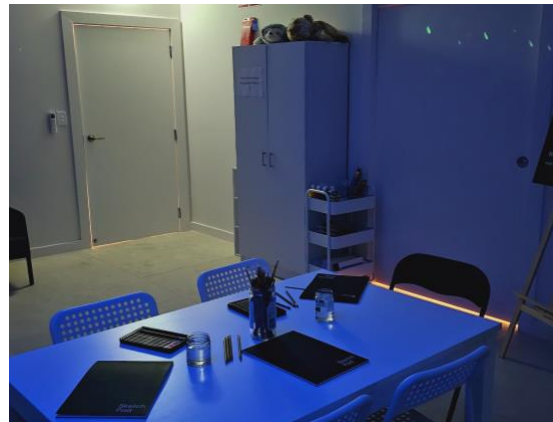
Our Life Skills program is designed to help individuals with disabilities learn and develop essential life skills such as cooking, cleaning, and personal hygiene. Our experienced staff provide a supportive and engaging environment that fosters growth and independence.



EMOTIONAL EXPRESSION ROOM

The Emotional Expressions room is designed to help individuals express their emotions. Our program encourages self-expression, self-regulation and emotional awareness through various mediums such as art therapy, music and book club.

"I felt welcomed in the center and safe- which is really important for someone like me with high anxiety" — L., aged 14



TECH SPACE

Our Technology program is designed to help individuals with disabilities learn and develop technology skills such as using a computer, tablet, or smartphone. We offer a variety of **E-sport** opportunities, with some participants aiming to play at a competitive level. Movie club is also a big hit in our tech room.

