

Day Program - Music Mondays!

Listen, explore and play!
Mondays 1pm to 3pm.



*Are you a talented singer? Can you play an instrument?
Do you have a great ear for music? Our Music Mondays
are for you!*

Benefits:

- Inclusive community: Meet new people with common interests within a supportive environment
- Emotional intelligence: explore how music can impact our mood
- Expression: learn to express emotions through various musical mediums including, instruments, DJ sets and playlists.

Additional Information:

No cost associated.

Ages: This program is best suited for participants aged 15+

Join us today. Scan the QR code to find out more or call 1800 020 042

